

Dear Parent /Carer,

At Pilgrims' Way we are committed to providing all our children with a carefully sequenced Relationships Education as set out in the National Curriculum.

As they progress through nursery to Year 6 all children will cover the following aspects of Relationship Education (DfE statutory guidance):

- Families and people who care for them
- Caring friendships
- Respectful relationships
- Online relationships
- Some body parts are private and that their body belongs to them.
- Whether physical contact is acceptable or unacceptable and that they have a right to say no both on and offline (consent). They are taught that they should tell an adult if they are worried. This is vital to support the work we do in keeping all pupils safe.

Teaching staff approach this aspect of the curriculum very sensitively and are aware of how it contributes to children's development; supporting them to develop healthy relationships and keep themselves safe.

From September 2020, parents have been unable to withdraw children from Relationships Education. This is compulsory and must be covered by all year groups.

Statutory guidance - [Relationships education \(Primary\) September 2021](#)

The content set out in this guidance covers everything that primary schools should teach about relationships and health, including puberty. The national curriculum for science also includes subject content in related areas, such as the main external body parts, the human body as it grows from birth to old age (including puberty) and reproduction in some plants and animals. It will be for primary schools to determine whether they need to cover any additional content on sex education to meet the needs of their pupils.

At Pilgrims' Way, we have decided to teach sex education in Years 4, 5 and 6, which parents will still be able to withdraw their children from.

Sex Education

- In Years 4, 5 and 6 children learn about changes to their body that occur during puberty (including menstruation).
- In Years 5 and 6 children learn about the ways in which children grow and develop in puberty both physically and emotionally. They learn about the stages of the human lifecycle, including reproduction.

If you would like to see the materials that your child will be learning about in advance of the lessons then you are invited to attend a presentation at 2:30 on Monday 17th June.

Although parents/carers have the right to request to withdraw their child from any or all of sex Education in Years 4, 5 and 6, it is our aim to encourage parents to see the value of RSE learning and its contribution to keeping children safe, developing their emotional, social and physical wellbeing and for promoting equality and social justice.

Should a parent decide that they do not wish their child to take part in any of the Year 4, 5 or 6 sex education lessons, we would ask that they first speak to the Headteacher to discuss their concerns. The Headteacher will discuss the request with the parent/carer to fully understand and address any concerns/objections to the content of the curriculum. If parents/carers do decide to withdraw their child, they should inform the Headteacher in writing and the school will keep a record of this.