



Pilgrims' Way Primary School

Pilgrims' Way, Canterbury, Kent, CT1 1XU
Telephone: 01227 760084 Fax: 01227 452510
Email: office@pilgrims-way.kent.sch.uk
Headteacher: Miss AM Middleton



Dear Parents/Carers



We have recently launched a new project in school called *The Colour Monster* which your children may have spoken to you about. *The Colour Monster* is a character devised by Anna Llenas. He is a very mixed up and confused little monster until he makes a friend who helps him identify his emotions and sort them into jars. He learns how to recognise how he is feeling, and gain help to move on.

The purpose of this project is to help children recognise their emotions, help communicate how they feel and work to reduce their worries. Children often worry about things that we do not know about and it can adversely affect their behaviour and learning. If their worries are reduced, they will feel safer and focus better on their learning in school, or at home.

Please encourage your child(ren) to talk to you about *The Colour Monster*. We are holding an art centred parent '*Colour Monster*' workshop on the 2nd October 2019.

Best wishes

Mrs S Bawn
Teacher and Year 3 /4 Team Leader