



## Pilgrims' Way Primary School

### Drugs Policy

Reviewed: Autumn Term 2020

Next Review Date: Autumn 2021

#### Aims and Objectives

We aim to equip children with the knowledge, understanding and skills that enable them to make the sort of choices that lead to a healthy lifestyle. Our Drugs Education programme has the primary objective of helping children to become more confident and responsible young people. We teach children about the world of drugs.

We teach children about:

- Heightened awareness of what goes on to and into their bodies.
- Understanding and working with children's views of their body systems and where substances go
- Understanding that all medicines are drugs but not all drugs are medicines.
- Understanding of the rules of using medicines to prevent, recover from or control a health problem.
- Understanding that we all have a right of access to health care but also have responsibilities for staying healthy.
- Recognising that substances (whatever we put into our bodies) affect our bodies.
- Understanding that some people need medicines at different times to help prevent or cure illnesses, and that some people may need medicines all the time in order to stay healthy.
- Wider understanding of the importance of the safe handling of medicines, and their role in this.
- Recognising they have a role in the 'getting better' process.
- Categorising what goes into their bodies in different ways.
- Introducing the rules for finding syringes and needles.
- Understanding that medicines can make their bodies better but do this by learning what makes them feel good about themselves.

We regard Drugs Education as a whole-school issue, and we believe that opportunities to teach about the importance of living a healthy lifestyle occur throughout the curriculum. Each class teachers answers questions about drugs sensitively and appropriately, as they occur. In the routine circle-time sessions, we encourage children to discuss issues that are important to them, and we help children to be aware of the dangers of the misuse of drugs.