

PSHE Curriculum Design

Being me in my world



Being me in my world

- Rights and responsibilities
- Choices and consequences

Celebrating difference



Celebrating difference

- Similarities and differences
- Bullying

Dreams and goals



Dreams and goals

- Setting goals
- Overcoming challenges and perseverance
- Reflecting on success

Healthy me



Healthy me

- Making healthy choices

Relationships



Relationships

- Family
- Friends
- Online

Changing me



Changing me

- Life cycles
- Private parts of the body
- Puberty (KS2)

Protected characteristics—runs across all PSHE threads