

Pilgrims Way Primary School

Physical Development/Sports Premium Strategy Statement 2020-2021

Current Context

This year, the Sports Premium allocation is £18,310. This strategy statement outlines the key barriers to sports provision and highlights the key strategies to improve the sports provision for pupils at Pilgrims Way Primary School.

Barriers to future achievement in sport

- **In School Barriers**

High deprivation at the school, with 52% of pupils eligible for free school meals this year. As such, the in school barriers include:

- Children's self esteem and confidence in sport due to limited experiences
- Children's lack of incentive to maintain a healthy lifestyle
- Breadth of skills outlined in the National Curriculum restrict the range of sports activities delivered due to limited knowledge of staff
- Teacher and TA knowledge of key skills within current PE curriculum.

- **External Barriers**

- With high levels of deprivation, many pupils have no access to clubs and sporting activities. At the time of writing, only 8% of children attend sports clubs outside of school.
- Some diet and health choices at home may not lead to a healthy lifestyle.
- Lack of exercise for an extended period of time due to lockdown measures from Covid-19

Aims and Objectives

This document outlines the key areas of development, their impact and the cost to demonstrate the impact of the Sports Premium funding on our children and staff. There are four key aims to our strategy during the 2020-2021 academic year.

- 1. Through a developed PE curriculum, teachers will have increased confidence in teaching PE as well as the ability to suggest modifications to suit the needs of their class.**
- 2. Through the use of technology, children will be encouraged to become more active during the school day**
- 3. Through promoting healthier lifestyle choices, children will become more able to make healthier choices which will be sustained throughout their future lives.**
- 4. Through developing a variety of activities available during play time.**

How will we achieve these objectives?

- 1. Through a developed PE curriculum, teachers will have increased confidence in teaching PE as well as the ability to suggest modifications to suit the needs of their class.**
 - Teachers will continue using the Green Acre scheme to help plan their lessons and ensure the correct skills are being taught.
 - Clear assessment will be used and lessons will be monitored to enable coaching and mentoring of teachers. This will help to increase teachers confidence with teaching P.E
 - P.E lead will observe lessons and cascade best practice through staff meeting to ensure high quality lessons are being taught across the school. This will improve outcomes of the children and improve Teacher knowledge.
 - Refresh skills lost during lockdown due to Covid-19
- 2. Through the use of technology, children will be encouraged to become more active during the school day**
 - School will purchase MOKI fitness bracelets to trial within Year 6.
 - Data will be monitored to see the increase in fitness levels over time

- Research from P.E lead will be conducted to see maximum benefit is obtained by using this technology
- Children will be able to see their fitness levels and challenge themselves to improve
- Motivate children to become more active since over lockdown many children lead more sedentary lifestyles

3. Through promoting healthier lifestyle choices, children will become more able to make healthier choices which will be sustained throughout their future lives.

- The Daily Mile will become normal classroom practice. This will help to build children's stamina which in part will help to develop their engagement in sport and promote exercise as part of a healthy lifestyle.
- Develop a 0-5km running club with children, staff and adults. This will model healthy lifestyle choices as well include parents to hopefully sustain a lifelong commitment to a healthy lifestyle.
- Develop healthy lunch time program to educate children and parents to make healthier choices when it comes to food as during lockdown healthy choices were not usually made

4. Through developing a variety of activities available during play time.

- Introduce a different selection of play time activities all based around a theme
- Children are given more options besides football to be active at lunch time therefore being more inclusive
- Children will be exposed to a variety of activities they may never have had the chance to experience

Review of Expenditure for Academic Year 2020 – 21

1. Through a developed PE curriculum, teachers will have increased confidence in teaching PE as well as the ability to suggest modifications to suit the needs of their class.

Carrying on using the new PE curriculum, support from experienced coaches and the leadership of the Subject co-ordinator, teachers are more confident in teaching a range of skills across the PE curriculum. Teachers have watched and taught alongside experienced coaches and seen skills progress throughout a term. The teachers can differentiate skills for those more able and less able with confidence and have ensured that all children in their class have made good progression. PE equipment has been purchased to ensure that all lessons are appropriately resourced which has impacted on the engagement of all children.

A review was conducted of the breadth of the P.E curriculum. Areas of need were identified, in particular the schools provision of OAA. New resources have been purchased for use in the new

school year. In addition a clear curriculum map has been created to ensure the progress and development of skills continues throughout the school.

In order to continue to progress and develop of a strong P.E curriculum, lesson reviews will be conducted in the 2021-22 school year to identify strengths and share with the rest of the staff.

2. Through the use of technology, children will be encouraged to become more active during the school day

Through a research project, Year 6 purchased 30 Moki exercise bracelets. These bracelets tracked the activity levels and steps of the children wearing them. Several competitions were held to help inspire the children to improve their fitness levels. From the research conducted the bracelets helped the children to gain an insight to their fitness levels, with some setting daily goals for themselves. All the children held a fascination with how many steps they completed and were eager to share their success with adults. Their enthusiasm spread to other year groups who are excited for their opportunity to wear the bracelets.

In order to continue the progress to help children become more active, more bracelets need to be purchased as due to recent influx of children cohort sizes have significantly increased. Other issues, like access to technology and children responsibility (ie. Not taking the bracelets home) are being addressed.

3. Through promoting healthier lifestyle choices, children will become more able to make healthier choices which will be sustained throughout their future lives.

The majority of the school participated in the daily mile to encourage children to be physically active. It has become an important part of the school day for some children who ask to complete the mile during their break times as well.

We are continuing to work towards achieving our healthy school reward and this is ongoing. CPD was booked to help develop teacher's knowledge on how to introduce physical active throughout the day such as through active maths. While the P.E coordinator was able to attend Unfortunately, these courses were cancelled due to the pandemic. Due to the outbreak of Covid-19, we were unable to invite parents in to make healthy home link.

4. Through developing a variety of activities available during play time

Daily activities were introduced with great success. The children enjoyed the variety of activities and these did help with some structure to play times. Unfortunately, due to the deficient of experience, many children were unaware of how to play with the new equipment resulting in the loss and damage of the resources. In order to broaden children experiences a play leader (Mr. Walsh) was employed to great success. The children enjoyed the addition of an adult to structure more activities and lead play, most notably more options beside football.

In order to continue to develop play and activities more play leaders are being employed to lead play time. New equipment has been purchased to develop a variety of activities. Mr. Walsh will be working with P.E lead to develop lunch time clubs for specific sports to broaden the experience from football. This is becoming increasingly important due to the lack of opportunities due to the Covid-19

pandemic as many children were stuck inside therefore limiting not only their experiences of playing with others but the skills required to play with others.