

Pilgrims Way Primary School

Physical Development/Sports Premium Strategy Statement 2019-20

Current Context

This year, the Sports Premium allocation is £18,490 . This strategy statement outlines the key barriers to sports provision and highlights the key strategies to improve the sports provision for pupils at Pilgrims Way Primary School.

Barriers to future achievement in sport

- **In School Barriers**

High deprivation at the school, with 40% of pupils eligible for free school meals this year. As such, the in school barriers include:

- Children's self esteem and confidence in sport due to limited experiences
- Breadth of skills outlined in the National Curriculum restrict the range of sports activities delivered due to limited knowledge of staff
- Teacher and TA knowledge of key skills within current PE curriculum.

- **External Barriers**

- With high levels of deprivation, many pupils have no access to clubs and sporting activities. At the time of writing, only 8% of children attend sports clubs outside of school.
- Some diet and health choices at home may not lead to a healthy lifestyle.

Aims and Objectives

This document outlines the key areas of development, their impact and the cost to demonstrate the impact of the Sports Premium funding on our children and staff. There are four key aims to our strategy during the 2019-2020 academic year.

- 1. Through a developed PE curriculum, teachers will have increased confidence in teaching PE as well as the ability to suggest modifications to suit the needs of their class.**
- 2. Through an increased range of sporting opportunities within school, children's engagement in sport will increase.**
- 3. Through promoting healthier lifestyle choices, children will become more able to make healthier choices which will be sustained throughout their future lives.**
- 4. Through developing young leaders, children will become sporting role models for other members of the school community.**

How will we achieve these objectives?

- 1. Through a developed PE curriculum, teachers will have increased confidence in teaching PE as well as the ability to suggest modifications to suit the needs of their class.**
 - Teachers will continue using the Green Acre scheme to help plan their lessons and ensure the correct skills are being taught.
 - Clear assessment will be used and lessons will be monitored to enable coaching and mentoring of teachers. This will help to increase teachers confidence with teaching P.E
- 2. Through an increased range of sporting opportunities within school, children's engagement in sport will increase.**
 - Reach out to local sports clubs to offer them an opportunity to "sell" their sport to the pupils. Take advantage of free taster sessions and offers.
 - Develop strong links with community organisations and educational establishments to offer a wide range of opportunities
 - Ensure that there is a healthy range of competitive and non-competitive events to suit the widest possible range of children.
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3. Through promoting healthier lifestyle choices, children will become more able to make healthier choices which will be sustained throughout their future lives.

- The Daily Mile will become normal classroom practice. This will help to build children's stamina which in part will help to develop their engagement in sport and promote exercise as part of a healthy lifestyle.
- Include parents in activities to help model a healthy lifestyle outside of the regular school day and into everyday life.
- Develop a 0-5km running club with children, staff and adults. This will model healthy lifestyle choices as well include parents to hopefully sustain a lifelong commitment to a healthy lifestyle.
- Develop healthy lunch time program to educate children and parents to make healthier choices when it comes to food.
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4. Through developing young leaders, children will become sporting role models for other members of the school community.

- Introduce and train sports leaders to run a variety of lunch time activities for children
- Vice captains will become responsible for play time activities and supervise during lunch and play times. They will also report on school sport and help to organise intra school sporting activities.

Review of Expenditure for Academic Year 2019 – 20

1. Through a developed PE curriculum, teachers will have increased confidence in teaching PE as well as the ability to suggest modifications to suit the needs of their class.

Carrying on using the new PE curriculum, support from experienced coaches and the leadership of the Subject co-ordinator, teachers are more confident in teaching a range of skills across the PE curriculum. Teachers have watched and taught alongside experienced coaches and seen skills progress throughout a term. Teachers are more proficient in teaching Rugby, Hockey and Netball. The teachers can differentiate skills for those more able and less able with confidence and have ensured that all children in their class have made good progression. PE equipment has been purchased to ensure that all lessons are appropriately resourced which has impacted on the engagement of all children.

Some children in KS2 have received a term's worth of swimming lessons (Year 5 and 4). Year 6 was unable to attend their lessons due to the outbreak of Covid-19 This has had a positive impact on the teacher's confidence in teaching swimming and the number of children who are meeting the curriculum expectations at the end of Year 6.

2. Through an increased range of sporting opportunities within school, children's engagement in sport will increase.

Due to the new range of sports being offered in lessons it has led to the impact of increasing the range of sport being offered as afterschool clubs. Most notably, this year the children has the opportunity to join a fencing club and a dodgeball.

We are continuing to develop links with local sports coaches to offer more opportunities to experience different sporting activities. This has had a significant impact on all pupils' skills development and participation in all offered sporting activities as well as building confidence in pupils.

3. Through promoting healthier lifestyle choices, children will become more able to make healthier choices which will be sustained throughout their future lives.

The majority of the school participated in the daily mile to encourage children to be physically active. It has become an important part of the school day for some children who ask to complete the mile during their break times as well.

We are continuing to work towards achieving our healthy school reward and this is ongoing. CPD was booked to help develop teacher's knowledge on how to introduce physical active throughout the day such as through active maths. Unfortunately, these courses were cancelled due to the pandemic.

Due to the outbreak of Covid-19, we were unable to invite parents in to make healthy home link. This also prevented the running of the 0-5km club. Instead, we provided the 0-5km running plan to families during lockdown to help encourage maintain a healthy life style and complete their daily exercise. Many children reported enjoying this program.

4. Through developing young leaders, children will become sporting role models for other members of the school community.

Children were identified to participate and become healthy lifestyle ambassadors. Due to the outbreak of the pandemic this was course was cancelled. Independently, children have begun to lead sports activities and sport others development. Often during lunch times, children are practicing the skills they have learnt during P.E lessons. Sport has had much greater presence around the school thanks to successes by sports teams, leading to wider range of role models across the school.