



Pilgrims' Way Primary School

Physical Development/Sports Premium Strategy Statement 2020-2021

Current Context

This year, the Sports Premium allocation is £18,310. This strategy statement outlines the key barriers to sports provision and highlights the key strategies to improve the sports provision for pupils at Pilgrims Way Primary School.

Barriers to future achievement in sport

- **In School Barriers**

High deprivation at the school, with 52% of pupils eligible for free school meals this year. As such, the in-school barriers include:

- Children's self-esteem and confidence in sport due to limited experiences
- Children's lack of incentive to maintain a healthy lifestyle
- Breadth of skills outlined in the National Curriculum restrict the range of sports activities delivered due to limited knowledge of staff
- Teacher and TA knowledge of key skills within current PE curriculum
- Restrictions due to Covid safety
- Significant reduction in physical activity due to school closure and lockdown

- **External Barriers**

- With high levels of deprivation, many pupils have no access to clubs and sporting activities. At the time of writing, only 8% of children attend sports clubs outside of school
- Some diet and health choices at home may not lead to a healthy lifestyle
- Lack of exercise for an extended period due to lockdown measures from Covid-19
- Limited opportunities for sporting activities due to Covid restrictions

Aims and Objectives

This document outlines the key areas of development, their impact and the cost to demonstrate the impact of the Sports Premium funding on our children and staff. There are four key aims to our strategy during the 2020-2021 academic year.

- 1. Through a developed PE curriculum, teachers will have increased confidence in teaching PE as well as the ability to suggest modifications to suit the needs of their class.**
- 2. Through the use of technology, children will be encouraged to become more active during the school day**
- 3. Through promoting healthier lifestyle choices, children will become more able to make healthier choices which will be sustained throughout their future lives.**
- 4. Through developing a variety of activities available during play time.**

How will we achieve these objectives?

- 1. Through a developed PE curriculum, teachers will have increased confidence in teaching PE as well as the ability to suggest modifications to suit the needs of their class.**
 - Teachers will continue using the Green Acre scheme to help plan their lessons and ensure the correct skills are being taught.
 - Clear assessment will be used, and lessons will be monitored to enable coaching and mentoring of teachers. This will help to increase teacher's confidence with teaching P.E
 - P.E lead will observe lessons and cascade best practice through staff meeting to ensure high quality lessons are being taught across the school. This will improve outcomes of the children and improve Teacher knowledge.
 - Refresh skills lost during lockdown due to Covid-19
- 2. Through the use of technology, children will be encouraged to become more active during the school day**
 - School will purchase MOKI fitness bracelets to trial within Year 6
 - Data will be monitored to see the increase in fitness levels over time
 - Research from P.E lead will be conducted to see maximum benefit is obtained by using this technology
 - Children will be able to see their fitness levels and challenge themselves to improve

- Motivate children to become more active since over lockdown many children lead more sedentary lifestyles
- 3. Through promoting healthier lifestyle choices, children will become more able to make healthier choices which will be sustained throughout their future lives.**
- The Daily Mile will become normal classroom practice. This will help to build children's stamina which in part will help to develop their engagement in sport and promote exercise as part of a healthy lifestyle.
 - Develop a 0-5km running club with children, staff and adults. This will model healthy lifestyle choices as well include parents to hopefully sustain a lifelong commitment to a healthy lifestyle.
 - Develop healthy lunch time program to educate children and parents to make healthier choices when it comes to food as during lockdown healthy choices were not usually made
- 4. Through developing a variety of activities available during play time.**
- Introduce a different selection of play time activities all based around a theme
 - Children are given more option besides football to be active at lunch time therefore being more inclusive
 - Children will be exposed to a variety of activities they may never have had the chance to experience