

Pilgrims' Way Primary School

Physical Development/Sports' Premium Strategy Statement 2021-2022 Review

Current Context

This year, the Sports' Premium allocation is £17,980. This strategy statement outlines the key barriers to sports provision and highlights the key strategies to improve the sports provision for pupils at Pilgrims' Way Primary School.

Barriers to future achievement in sport

- **In School Barriers**

High deprivation at the school, with 49% of pupils eligible for free school meals this year. As such, the in school barriers include:

- Children's self esteem and confidence in sport due to limited experiences
- Children's lack of incentive to maintain a healthy lifestyle
- Breadth of skills outlined in the National Curriculum restrict the range of sports activities delivered due to limited knowledge of staff
- Teacher and TA knowledge of key skills within current PE curriculum.
- Use of technology to promote the use of step counters
- Quality of equipment/ amount of equipment

- **External Barriers**

- With high levels of deprivation, many pupils have no access to clubs and sporting activities. At the time of writing, only 8% of children attend sports clubs outside of school.
- Especially due to lockdown many diet and health choices at home may not lead to a healthy lifestyle.
- Lack of exercise for an extended period of time due to lockdown measures from Covid-19 and significant amount of clubs closed
- No access to swimming pools for lessons due to the Covid-19 pandemic

Aims and Objectives

This document outlines the key areas of development, their impact and the cost to demonstrate the impact of the Sports Premium funding on our children and staff. There are four key aims to our strategy during the 2021-2022 academic year.

- 1. Through a developed PE curriculum, teachers will have increased confidence in teaching PE as well as the ability to suggest modifications to suit the needs of their class.**
- 2. Through the use of technology, children will be encouraged to become more active during the school day**
- 3. Through promoting healthier lifestyle choices, children will become more able to make healthier choices which will be sustained throughout their future lives.**
- 4. Development of cultural capital sporting opportunities and signposting including a range of after school clubs**

How will we achieve these objectives?

- 1. Through a developed PE curriculum, teachers will have increased confidence in teaching PE as well as the ability to suggest modifications to suit the needs of their class.**
 - Teachers will continue using the Green Acre scheme to help plan their lessons and ensure the correct skills are being taught.
 - Clear assessment will be used and lessons will be monitored to enable coaching and mentoring of teachers. This will help to increase teachers confidence with teaching P.E
 - P.E lead will observe lessons and cascade best practice through staff meeting to ensure high quality lessons are being taught across the school. This will improve outcomes of the children and improve Teacher knowledge.
 - Refresh and retrieve skills lost during lockdown due to Covid-19

2. Through the use of technology, children will be encouraged to become more active during the school day

- School will purchase MOKI fitness bracelets to trial within Year 6 and continue trial.
- Data will continued to be monitored to see the increase in fitness levels over time
- Children will be able to see their fitness levels and challenge themselves to improve
- Motivate children to become more active since over lockdown many children lead more sedentary lifestyles
- Purchase more bracelets to encourage a wider part of the school population to participate- looking to include Year 5
- Develop strategy to ensure technology is available for children to scan bracelets

3. Through promoting healthier lifestyle choices, children will become more able to make healthier choices which will be sustained throughout their future lives.

- The Daily Mile will become normal classroom practice. This will help to build children's stamina which in part will help to develop their engagement in sport and promote exercise as part of a healthy lifestyle.
- Develop a 0-5km running club with children, staff and adults. This will model healthy lifestyle choices as well include parents to hopefully sustain a lifelong commitment to a healthy lifestyle in the summer term.
- Continue to educate children on healthy eating
- Continue to have strict guidelines on snacks being allowed in the school eg. Fruit not chocolate bars
- Set up Taste test Tuesdays in KS2 to have the children experience different types of fruit and veg choices.

4. Development of cultural capital sporting opportunities and signposting including a range of after school clubs

- Introduce a different selection of play time activities all based around a theme
- Children are given more option besides football to be active at lunch time therefore being more inclusive
- Children will be exposed to a variety of activities they may never have had the chance to experience
- New employment of play leader and 2 play time assistants to improve opportunities to improve play at lunchtimes
- Joining local football league to play other schools
- Cultural capital sports trips to be organised with local clubs
- Local coaches come to coach classes/ teachers and promote clubs outside of school (Chance to Shine Cricktet)

Review of Expenditure for Academic Year 2020 – 21

- 1. Through a developed PE curriculum, teachers will have increased confidence in teaching PE as well as the ability to suggest modifications to suit the needs of their class.**

Continued use of the Green Acre scheme during this academic year. Teachers are becoming increasingly more confident in teaching a range of skills. Teachers' knowledge of the teacher of P.E has begun to move away from the outdated concept of teaching to a sport and instead moving towards developing skills and understanding of the importance of a healthy lifestyle. The teachers can differentiate skills for those more able and less able with confidence and have ensured that all children in their class have made good progression. Updated PE equipment has been purchased to ensure that all lessons are appropriately resourced which has impacted on the engagement of all children. This is still ongoing

A review was conducted of the teaching of P.E. Strengths and weakness were identified. Best practice was shared amongst the teachers and those who required development were supported to strengthen their overall teaching of the skills. There is continuous review of the curriculum map to ensure a wide breadth of sports are being covered to help develop skills. Some coaches were brought in as well to add cultural capital to our curriculum.

- 2. Through the use of technology, children will be encouraged to become more active during the school day**

The use of Moki bracelets was unsuccessful and unsustainable this year. While wearing the bracelets there was a noticeable increase in activity. Some barriers included the lack of a computer to scan the bracelets daily, children taking the bracelets home, software issues with the bracelets and damage to the bracelets. We will not be continuing the use of the bracelets going forward.

- 3. Through promoting healthier lifestyle choices, children will become more able to make healthier choices which will be sustained throughout their future lives.**

The Daily Mile has become normal classroom practice in KS2. Children are developing an understanding of the importance of the daily mile and the purpose behind it promoting a healthy lifestyle. Continued development with adults promoting and modelling behaviour during the daily mile to continue.

The running club was unable to commence due to a lack of interest and support.

Continue education occurred to help support the children's understanding of a healthy living and the importance of a healthy diet. Strict guidelines were followed by teachers but parents still require more support. Currently, the school has adapted a no nut policy which has helped to educate the children about allergies and eating habits.

- 4. Development of cultural capital sporting opportunities and signposting including a range of after school clubs**

Different activities were arranged for the children. More education required to teach the children how to play these different activities. Play leads were successful in offering

different opportunities for the children but continued develop is required. More equipment was bought to help support play leads and to resource different activities for the children. The additional of different activities allowed more children to be active and was therefore more inclusive.

After school club provision was expanded to offer more than football to give the children a wider opportunity. In addition, more sporting activities outside of school were introduced including: a trip to see a cricket game, tri golf tournament, canoe wild and a hockey festival.

We joined the local football league and played several matches at home and away. In addition, we were also invited to a football festival tournament that we attended in Herne Bay. We also developed another football club that was aimed at developing the skills of those not on the football team. We have also promoted females participation in football and developing their skills.

Information was handed to parents about sporting opportunities outside of school, including a local football team which many current year 6 children have been signed up to.